



SWIMMING INFORMATION SHEET

Who is the camp suitable for?

- The 1-2-1 lessons are suitable for children aged 3+ of all swimming abilities.
- 2-2-1 lessons are for stronger swimmers who are comfortable swimming unaided for 10 metres.

Where do I drop off and collect my children?

- You can drop off at the entrance to The Caterham School Sports Centre. See map below with location and parking:



Wraparound care info

- Due to the nature of these camps only being 30 minutes long we do not offer any supplementary wrapround options.

Can I leave my child there while they swim?

- You are welcome to stay throughout the lesson and watch from our viewing balcony.
- Alternatively, you can leave and collect them at the end of the lesson. Viewing from the side of the pool is not permitted.





What do we need to bring?

- Swimming costume, goggles, swim hat and towel.
- Water bottle
- Any medication your child may need e.g. inhaler.

Are there changing rooms we can use?

- Yes. You are welcome to use the male and female changing rooms at the sports centre.
- Alternatively, your child can come 'swim ready' with their costume underneath their clothes.

How are the lessons structured?

- All lessons are 30 minutes and you will be allocated one lane for both 1-2-1 & 2-2-1 lessons.
- You will be able to specify which stroke you would like the teacher to focus on during the booking process.

Is there a discount for siblings?

- Yes. We charge £25.00 for a 1-2-1 lesson and £40.00 for a 2-2-1

Can I book more than one lesson on the same day?

- Yes. If there is availability you can book a maximum of two 30 minute lessons on the same day.

When do bookings close?

To ensure we have the correct number of teachers available on the day, bookings will close at 5pm the day before.